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Shalom,

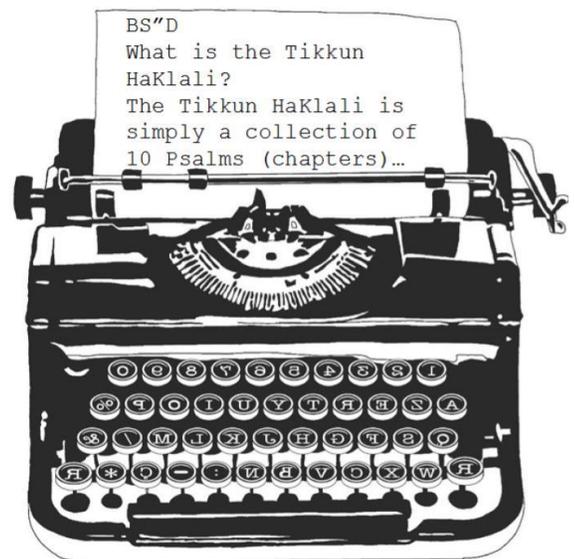
I am very excited to let you know that the Torah Health Association (THA) has composed its first print booklet on Jewish healing. After writing the initial text, the THA has been hard at work collaborating with several Torah Scholars and professional healers to edit it



and bring out the concepts and practical actions clearly and easily. The booklet is now in the final stages of editing, the cover art is being set, and the THA's whole team that worked on this book are very eager for its release. The goal is to officially publish this booklet for the upcoming Jewish holiday Rosh HaShanah (about a month and a half away)!

Let's take a second and ask why depression [\(1\)](#) and obesity [\(2\)](#) rates are steadily rising? While the World may have more "connectivity" and "progress" than ever before, all of this technical development is coming at the expense of our spiritual and physical health. The THA's 60 page booklet focuses on explaining both technically and emotionally, how Rebbe Nachman's "Tikkun HaKlali" – his "Complete Remedy" – connects us to our spiritual goodness by providing practical Jewish healing methods which give strength to the most depressed person to begin climbing out of his depression, and provide the successful upbeat person a path to spiritual elevation and life-long mind-body healing.

Also, this booklet is only going to be released in print since printed texts are much more effective than digital media [\(3\)](#)! And we all know that it takes capital to print a booklet holding to such a high standard of excellence. Already, the THA has successfully raised \$600 dollars towards the publishing of this booklet however we are still lacking \$3,080. The THA already has several bookstores committed to selling the book, yet the THA's mission has always been to help people receive healing treatments and materials free of charge (or at least greatly subsidized). Therefore, in keeping with this mission, the THA needs to collect another \$3,080 so it can freely distribute this booklet to teachers, therapists, healers, coaches, and rabbis, which can freely pass it onto their students, pupils, and patients.



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As you can tell, the THA has worked extremely hard to compose this booklet and will continue to work extremely hard with distribution. And the THA is confident that by



raising the \$3,680 needed for its publishing and distribution there will be a great healing benefit for everyone. But the THA needs your help! [Please donate securely online by clicking here](#), or send a

check made out to the Torah Health Association to the

THA's central office the Torah Health Association 99 Gardner Road, Brookline, MA 02445.

Please consider making a "Dedication Donation" by donating \$148 (or more) and receive five dedication names or donating \$500 (or more) and receive your own dedication half page. These two "Dedication Donations" are great ways to donate for someone's eternal remembrance or for someone's future success. [Click here to make the donation.](#)

The most important donation is the "[Foundation Donation](#)" which is a small monthly donation of \$26, \$36, \$52, or \$77. By making a "Foundation Donation" (with the intent of continuing it for at least three years) you can dedicate 10 names on the special "[Foundation Donation](#)" page in this publication and in all the upcoming THA print publications. Please make a "[Foundation Donation](#)" since this is the most helpful donation for the THA since it develops our monthly budget, and this is the easiest donation for you since \$26 is not going to break the bank! [Click here to make your "Foundation Donation."](#)

If you would like more information about this upcoming THA booklet or to discuss a donation please feel free to contact the THA by email or by phone (617-651-1798).

Thank you and Shalom,

Matisyahu Manin

PS: Does a book really work to change a person and make him healthier? [Click here to see these facts that print media is actually more effective than digital!](#)

